

# COMMUNITY HIGH \* APRIL 18

A nourished student is a learning student!



Breakfast	\$1.75
Lunch	\$3.25
Milk	\$0.60

This institution is an equal opportunity provider.

Sun      Mon      Tue      Wed      Thu      Fri      Sat

## April 2-6 Spring Break

### Have a Safe and Healthy Break



#### HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFETERIA HELPERS. APPLY ONLINE TODAY!

Call Nutrition Services at 586.698.4158 to express your interest in employment.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	9 Hot & Spicy Chicken Tenders served With a Whole Grain Breadstick  Seasoned Peas & Carrots  Strawberry Parfait	10 <b>1/2 Day Breakfast Service Only</b>	11 Bosco Sticks & Tomato Dipping Sauce  Parmesan Roasted Onions and Broccoli  Mashed Sweet Potatoes with Marshmallow Top	12 Rotini Pasta with Meat Sauce served with 2 Dinner Rolls  Seasoned Corn  Seasoned Green Beans  Applesauce Mousse	13 Buffalo Chicken Pizza Or Fish Sandwich  Oven Baked Fries  Fruited Jello	
	16 Philly Steak & Cheese Sub  Oven Baked Fries  Cinnamon Applesauce	17 2 for 1 Reduced Fat Turkey Tacos on Ultragrain Tortillas with Salsa & Sour Cream  Refried Beans	18 Bosco Sticks & Tomato Dipping Sauce  Oven Roasted Broccoli  Seasoned Peas  Mini Banana Split	19 Whole Wheat Beef Fiestada  Seasoned Green Beans  Pumpkin Pudding	20 Buffalo Chicken Pizza or Fish Sandwich  Dill Seasoned Carrots  Baked Potato Half	
	23 Whole Grain Chicken or Cheese Quesadillas With Salsa & Sour Cream  Refried Beans	24 All Beef Hot Dog On a Whole Wheat Bun Served with a Keebler Graham Cracker  Oven Baked Fries  Broccoli Salad	25 Bosco Sticks & Tomato Dipping Sauce  Dill Seasoned Carrots  Italian Style Green Beans	26 Whole Wheat Macaroni & Cheese with A Dinner Roll  Seasoned Peas & Carrots	27 Buffalo Chicken Pizza Or Fish Sandwich  Creamy Coleslaw  Mini Banana Split	
	30 Hot & Spicy Chicken Tenders served With a Whole Grain Breadstick  Seasoned Peas & Carrots  Strawberry Parfait	5/1 Hot Ham & Cheese on a Pretzel Bun  Vegetarian Baked Beans  Dill Seasoned Carrots	5/2 Bosco Sticks & Tomato Dipping Sauce  Parmesan Roasted Onions and Broccoli  Mashed Sweet Potatoes with Marshmallow Top	5/3 Rotini Pasta with Meat Sauce served with 2 Dinner Rolls  Seasoned Corn  Seasoned Green Beans  Applesauce Mousse	5/4 <b>1/2 Day Breakfast Service Only</b>	

**Also Offered Daily:**  
Salad bar, cold sandwiches, chicken sandwiches, spicy chicken sandwiches, hamburgers, and pizza.

Try any of our assorted fresh fruits and vegetables offered daily.

**A complete lunch consists of one entrée, up to two sides, and choice of milk. A serving of a fruit or vegetable is a required component of complete lunch.**