

WCS HEADSTART MENU * APRIL 18

This institution is an Equal Opportunity Provider.

A Nourished Student is a Learning Student!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>April 2-6 Spring Break Have a Safe and Healthy Break</p>						
<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>1% white milk included with lunch.</p> </div> <div style="border: 2px solid black; padding: 10px;"> <p style="text-align: center;">HIRING</p> <p style="text-align: center;">WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFÉTERIA HELPERS. APPLY ONLINE TO-DAY! Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.</p> </div>	<p>9 Whole Grain Cheese Italian Dunker Marinara Sauce Seasoned Broccoli Cinnamon Applesauce</p> <p>16 Mini Whole Grain Corn Dogs Whole Grain Dinner Roll Oven Roasted Broccoli Diced Peaches</p> <p>23 Whole Grain Breaded Chicken Patty on a Whole Wheat Bun Low Fat Ranch Dressing Vegetarian Baked Beans Apple Slices</p> <p>30 Hamburger with or without Cheese on Whole Wheat Bun Smiley Fries Ketchup & Mustard Diced Peas</p>	<p>10 Hamburger with or without Cheese on Whole Wheat Bun Smiley Fries Ketchup & Mustard Mixed Fruit</p> <p>17 Taco Day Reduced Fat Turkey Taco Meat & Shredded Cheese over Whole Grain Soft Taco Shell Salsa Refried Beans Fresh Apple</p> <p>24 Breakfast For Lunch Whole Grain Eggo Mini Maple Pancakes Turkey Sausage Baby Carrots w/ Ranch Assorted Juice</p> <p>5/1 Whole Grain Cheese Italian Dunker Marinara Sauce Seasoned Broccoli Cinnamon Applesauce</p>	<p>11 All Beef Hotdog on Whole Grain Hotdog Bun With Mustard & Ketchup Corn on the Cob Diced Peaches</p> <p>18 WCS Home Made Chicken Tomato Bake Giant Goldfish Graham Seasoned Corn Cinnamon Applesauce</p> <p>25 Whole Grain Macaroni & Cheese Whole Grain Scooby Snack Oven Roasted Broccoli Cinnamon Applesauce</p> <p>5/2 Grilled Cheese Sandwich on Whole Wheat Bun WCS made Tomato Soup Seasoned Green Beans Diced Peaches</p>	<p>12 No School</p> <p>19 Bagel Fun Day Whole Grain Bagel Light Cream Cheese Strawberry Yogurt Low Fat Mozzarella Cheese Stick & Apple Juice Baby Carrots w/ Ranch</p> <p>26 Whole Grain Breaded Popcorn Chicken Low Fat Ranch or Ketchup Whole Grain Dinner Roll Smiley Fries Diced Peaches</p> <p>5/3 Whole Grain Breaded Chicken Nuggets Giant Goldfish Graham Vegetarian Baked Beans Seasoned Carrots Mixed Fruit</p>	<p>13 No School</p> <p>20 Garlic Parmesan Whole Grain Flat Bread Marinara Sauce Fresh Banana</p> <p>27 Whole Grain Galaxy Personal Cheese Pizza Seasoned Green Beans Mini Strawberry Parfait</p> <p>5/4 Whole Grain Pizzeria Style Cheese Pizza Seasoned Green Beans Fresh Banana</p>	