



CITY OF
**Sterling Heights
PARKS &
RECREATION**

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Twitter: [@sterlingheights](https://twitter.com/sterlingheights)

Instagram: [@myshpr](https://instagram.com/myshpr)



Winter 2023/24 Recreation Connection Newsletter

"A Sterling Christmas"



December 2
5:30 - 8:30 pm
Dodge Park

"A Sterling Christmas" is SPONSORED BY:



Everyone is invited to ring in the holiday season with a variety of family fun activities including:

- * Visits with Santa / Tree Lighting
- * Holiday Music & Caroling
- * Horse Drawn Wagon Rides
- * Carousel & Train Rides
- * Sterling Stars Dance
- * Petting Farm
- * Pony Rides
- * Ice Skating
- * Refreshments / Warming Fires
- * And much more!



PINEWOOD DERBY RACE

Design, assemble, race! We will provide you with the car kit and you get to assemble it and design the car you think will be the fastest. With multiple age groups and divisions to race in this is a great event for everyone.

Location: Community Center
Day / Date: Saturday, February 17
Time: 10 a.m. - 1 p.m.
Fee: \$20 Resident / \$26 Non-resident

Ref. #: 3000.108 12 and under
Ref. #: 3000.109 13 - 17 years
Ref. #: 3000.110 18 +



TEEN ROOM

The Community Center is home to our Teen Room specifically designed for ages 12 - 17 years old. The Teen Room features comfortable furniture, a homework table, gaming systems, Esports arena and a safe environment where everyone is welcome. All teens check-in at the Welcome Desk with their school ID or driver's license.

Our Teen Room drop-in hours are:

Monday 2 - 4:30 p.m.
Tuesday 2 - 8 p.m.
Wednesday 2 - 6 p.m.
Thursday 2 - 5 p.m.
Friday 2 - 6 p.m.
Saturday 1 - 6 p.m.
Sunday Noon - 4 p.m.



MID WINTER BREAK NATURE CAMP

Nature Camp is a great place for kids who love to learn more about nature through both structured and unstructured activities. Campers will experience the excitement of science, bird watching, animal feeding, nature related games and more. Participate one day, two days or all three. Each day camper should bring winter clothes (we planned some outdoor activities), a water bottle, morning and afternoon snacks and a sack lunch. Please note the Nature Center is not a peanut free facility; our animal food and bird feed contains peanuts.

Location: Nature Center
Day / Date: Tuesday, February 20 Activity #: 7000.057
Wednesday, February 21 Activity #: 7000.058
Thursday, February 22 Activity #: 7000.059
Time: 9 a.m. - 3 p.m.
Ages: Ages 7 - 12
Fee: \$45 Resident / \$65 Non-resident



TUMBLING & GYMNASTICS

We offer tumbling and gymnastics classes by age and work with our athletes based on their personal skill level. Our classes focus on perfecting the fundamental skills, strength, flexibility and balance needed for success on floor, vault and balance beam. Once they have the basics down we help them progress to the next skills using drills and exercises necessary to reach their performance goals. We offer handouts and encourage our young athletes to work on conditioning throughout the week as well.

Days: Friday Evening & Saturday Day Classes
Dates: January 5 - March 15* & January 6 - March 16*
April 5 - June 7* & April 6 - June 8*
Classes: Parent & Tot (Ages 1-3)
Pre-school (Ages 4-6)
Youth Gymnastics (Ages 7-12)
Tumbling (Instructor Recommendation)
Location: Community Center

*No Class: 2/16, 2/17, 2/23, 2/24, 3/1, 3/2, 5/24, 5/25



Scan to Register Now!



ADAPTIVE RECREATION

The Adaptive Recreation program services children and adults with physical and/or cognitive disabilities. Residents of Sterling Heights and non-residents from surrounding communities are welcome to participate.

Go to www.myshpr.net to view the Sterling Special for the most current program information.

Dodge Park Ice Rink

The ice rink located within Dodge Park will officially open for the season on December 1. Follow us on Facebook @myshpr, check our website or call the hotline number (586) 446-2711 for updates. Ice skating enthusiasts of all ages can enjoy the feel of an open air ice rink, but with protection from the wintry elements. The refrigerated ice rink will be open seven days a week and will be available for open skating only. Heated restrooms are available at this facility.

Hours of Operation

Monday - Thursday, Noon - 9 p.m.
 Friday, Noon - 10 p.m.
 Saturday, 11 a.m. - 10 p.m.
 Sunday, 11 a.m. - 8 p.m.



Holiday Hours of Operation

December 24 11 a.m. - 3 p.m.
 December 25 Closed
 December 31 11 a.m. - 3 p.m.
 January 1 Closed

SPECIAL EVENTS

Pride Night: 1/11, 6 - 9 p.m.

Glow Stick Nights: 7 - 9 p.m.

-70's Night: 1/6

-80's Night: 1/13

-90's Night: 1/20

-2000's Night: 1/27



Date Night: 2/10, 6 - 9 p.m.

Superhero Night: 1/12, 6 - 8 p.m.

Princess Night: 2/9, 6 - 8 p.m.

Fees:

Sterling Heights Residents: Free (with Photo ID)*
 Non-residents: \$5.00 per person
 Cash or Credit is accepted (Visa, Master Card & Discover)
 Skate Rental: \$4 / Skate Sharpening: \$5

*Adults & Teens 16 and up must show photo ID
 Ages 13 - 15 must show ID if not accompanied by an adult
 Ages 12 years old & younger must be accompanied by an adult



Learn To Skate

Learn to Skate teaches the fundamentals of ice skating and provides the best foundation for hockey, figure skating or recreational skating. Learn to Skate is designed to build confidence while learning to skate incorporating fun & games; making class time an enjoyable experience for all. Free skate rental is included with each lesson. Classes held at Dodge Park Ice Rink.

Adult Learn To Skate (Ages 16+)

Ref. #: 2000.606 Tuesday, 1/9 - 2/13 / 6:30 - 7 p.m.

Ref. #: 2000.607 Saturday, 1/13 - 2/17 / 10 - 10:30 a.m.



Children Learn To Skate (Ages: 3 - 15)

Ref. #: 2000.600 Tuesday, 1/9 - 2/13 / 5:30 - 6 p.m. / Ages 3 - 6

Ref. #: 2000.601 Tuesday, 1/9 - 2/13 / 6 - 6:30 p.m. / Ages 7 - 15

Ref. #: 2000.602 Saturday, 1/13 - 2/17 / 10 - 10:30 a.m. / Ages 3 - 6

Ref. #: 2000.603 Saturday, 1/13 - 2/17 / 10:30 - 11 a.m. / Ages 3 - 6

Ref. #: 2000.604 Saturday, 1/13 - 2/17 / 10 - 10:30 a.m. / Ages 7 - 15

Ref. #: 2000.605 Saturday, 1/13 - 2/17 / 10:30 - 11 a.m. / Ages 7 - 15



Fees: Residents \$40 / Non-residents \$52

TEEN NIGHT OUT

Once a month we will provide teens ages 12 - 17 with a chance to get together with friends and have some *FUN!* We will feature a different activity monthly, offering something for all! Fee includes planned activity and snacks.

Ref. #: 4000.310 The Great Skate* - January 26

Time: 6:30 - 10:00 p.m. / Fees: \$22 Resident - \$29 Non-resident / Great Skate

Ref. #: 4000.311 Wacky Winter Wonders - February 23

Time: 7 - 9 p.m. / Fees: \$20 Resident - \$26 Non-resident / Community Center

Ref. #: 4000.312 Whirlyball* - March 22

Time: 6:30 - 9:30 p.m. / Fees: \$45 Resident - \$59 Non-resident / Whirlyball CT

Ref. #: 4000.313 Spring Fever - April 19

Time: 7 - 9 p.m. / Fees: \$20 Resident - \$26 Non-resident / Community Center

*Indicates transportation will be provided from Community Center.



"MAKER" ART CLASSES FOR TEENS

Explore, imagine and create projects in our MAKER ART CLASSES FOR TEENS! Hands on experience working with elements of art, crafting, designing and building. Come hang out with your friends, learn a new hobby or just MAKE something fun! Advanced registration is required; class maximum is 20 participants. (Ages 12 - 17 years old)

Taylor "Swiftie" Party

Ref. #: 4000.330 / Date: January 16 / Time: 7 - 9 p.m.

Be My Gnomie

Ref. #: 4000.331 / Date: February 13 / Time: 7 - 8:30 p.m.

Yarn Painting

Ref. #: 4000.332 / Date: March 19 / Time: 7 - 8 p.m.

Puzzle Tree

Ref. #: 4000.333 / Date: April 16 / Time: 7 - 9 p.m.

Location: Community Center - Teen Room
 Fees: \$10 Residents / \$15 Non-residents



ESPORTS



SUPER SMASH BROS. ULTIMATE LEAGUE

- ◆ Games played at the Community Center ESports Arena
- ◆ 6 weeks of play including an end of season tournament
- ◆ First and second place prizes awarded

Junior Division (Ages 7 - 13)

Ref. #: 3000.508 / Date: 1/11 - 2/15 / Time: 6 - 8:30 p.m. / Fee: R \$35 / NR \$42



SUPER SMASH BROS. TOURNAMENT

- ◆ Pool Play / Head to head double elimination tournament
- ◆ First and second place prizes awarded

Junior Division (Ages 7 - 11)

Ref. #: 3000.502 / Date: March 7 / Time: 6:15 - 8:15 p.m. / Fee: \$5

Teen Division (Ages 12 - 17)

Ref. #: 3000.902 / Date: March 7 / Time: 5 - 7 p.m. / Fee: \$5



GAME SPOTLIGHT - THE BEST OF NINTENDO

All are welcome as we spotlight the best games of the Nintendo Switch. The ESports arena room will dedicate the time for the most iconic Nintendo Switch Games; Super Mario Wonder, Legend of Zelda: Tears of the Kingdom, Super Smash Bros. Ultimate and much more. All registrants will be entered in drawings, play for prizes and enjoy some pizza. (Ages 7+)

Day / Dates: Thursday, March 21

Time: 5:30 - 8 p.m.

Location: Community Center ESports Arena

Fees: \$10

Ref. #: 3000.802



JUNIOR DROP-IN

Day / Time: Mondays / 4:30 - 6:30 p.m.

Day / Time: Saturdays / 9 - 11 a.m.

Location: Community Center ESports Arena

Ages: 7 - 11 years old

Fee: Free Resident / \$5 Non-resident

No Drop In: 12/23, 12/25, 12/30, 1/1, 1/15, 2/19, 3/30

TEEN DROP-IN

Day / Time: Mondays / 2:30 - 4:30 p.m.

Day / Time: Saturdays / 1 - 3 p.m.

Location: Community Center ESports Arena

Ages: 12 - 17 years old

Fee: Free Resident / \$5 Non-resident

No Drop In: 12/23, 12/25, 12/30, 1/1, 1/15, 2/19, 3/30

FAMILY DROP-IN

Day / Time: Wednesdays / 6 - 8:30 p.m.

Day / Time: Saturdays / 11 a.m. - 1 p.m.

Location: Community Center ESports Arena

Ages: 7 +

Fee: Free Resident / \$5 Non-resident

No Drop In: 12/23, 12/30, 3/30

Players will have access to our PC's along with setups on the Switch and PS4 weekly. Players are allowed to bring in their own games and devices. Games brought in will be checked by staff.