



Warren Consolidated Schools

Creating Dynamic Futures through Student Achievement, High Expectations, and Strong Relationships

Wellness Committee Agenda & Minutes

March 18, 2024

- A. Review of minutes from January 22, 2024
- B. Wellness Week-American Heart Association
 - a. Outcomes

Beer Middle School	\$ -	18
Harwood Elementary School	\$ -	0
Jefferson Elementary	\$ 335.65	14
Susick Elementary School	\$1,413.79	27
Warren Mott High School	\$ -	60
Wilkerson Elementary School	\$3,077.43	73
Willow Woods Elementary School	\$ 433.53	16
	\$5,260.40	208

Warren Con shirt sale raised \$2,775.00

Survey Results:

3 out of 7 schools responded.

Overall the 3 felt that the experience was positive

Work was limited and mostly done by AHA

Liked:

I liked the communication and organization.

I love the educational aspect and awareness it brings.

I liked the themed days and that it tried to get families at home involved

Disliked:

For it to be district wide.

It seemed like it was more geared towards elementary students than high school.

I would have liked to activities to tie more into the classroom not just at home.

It fell the week of 100s day and Valentines day (also right before winter break)

so I feel like the timing might have been a bit off at the elementary level.

Felt it should be longer than 1 week



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Engagement:

Somewhat, hence if it was district wide, I think students would be more engaged because every WCS student would be participating in it.

Somewhat, for those that were exposed to it through health class.

Yes

Suggestions for AHA:

Not at this time.

How can we connect activities and out reach more with high school students.

I think it would be nice if there was a way to have donations be more than just on line (a collection type day -like penny wars).

Also think some families are turned off by being asked to send emails to freinds and family and may have stopped after that.

I also would like to encourage teachers at school to show the videos and take part in the activities at school. That way students could still get the important info and be part of it even if their grown ups don't want to do it at home.

b. Goals/Changes for next year

C. Tri-Annual Report

Group of Fry, Aiosa, Dylewski, Berdy, Tremmel and Winters working on any changes/additions. Will bring the final document to the committee as a whole to review, make any corrections.

Committee Members:

Amanda Abernathy
Ann Clark
Pamela Fry
Terri Laws
Albana Metaj
Corey Tremmel

Brian Aiosa
Doreen Dickman
Ashley Agrusa
Kyla Marcial
Craig Miller
Leah Berdy

Kim Winters
Caroline Dylewski
Frank Kyewski
Ronetta Muha
Alecia West